

Colorectal Center



The Colorectal Center at Cincinnati Children's provides comprehensive care for infants and children with colorectal disorders. Our multidisciplinary team includes experienced pediatric colorectal surgeons, nurses, and specialists from gastroenterology, gynecology, and urology. We work closely together to provide coordinated treatment and long-term follow-up care, with the goal of helping each patient we treat experience his or her own best quality of life.

CONTACT US

For patient referrals and non-urgent consultation during business hours, contact the program directly at:

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COLORECTAL SURGICAL TEAM

Jason Frischer, MD, *Director*
Nelson Rosen, MD, *Associate Director*
Aaron Garrison, MD, FACS
Michael Helmrath, MD, MS
Meera Kotagal, MD, MPH
Beth Rymeski, DO

FULL SPECTRUM OF CONDITIONS TREATED

Our experienced team is committed to surgically repairing congenital malformations, managing conditions that do not need to be treated surgically and helping patients achieve long-term social bowel continence. Follow-up often continues through the patient's young adult years.

We treat a variety of complex conditions, including:

- Anorectal malformations (ARM)/imperforate anus
- Cloaca
- Cloacal exstrophy
- Constipation
- Hirschsprung disease
- Inflammatory bowel disease (ulcerative colitis and Crohn's disease)
- Intestinal motility disorders
- Intestinal pseudo-obstruction
- Fecal incontinence
- Polyposis syndromes, including familial adenomatous polyposis
- Fistula in ano
- Neurogenic bowel (including spina bifida, spinal trauma, spinal tumors)
- Post surgical complications
- Pilonidal disease



Cincinnati Children's is ranked #3 in Gastroenterology & GI Surgery and third among all Honor Roll hospitals in the 2019–20 U.S. *News & World Report* listing of Best Children's Hospitals.

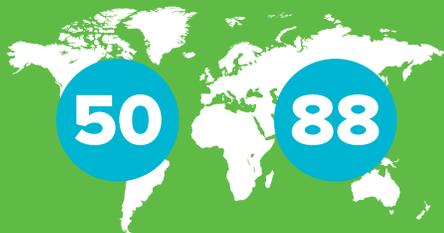


500+

Number of colorectal procedures performed each year over the past 5 years

>80%

Success rate of bowel management program for fecal incontinence*



Patients have come to the center from all 50 states and 88 countries

* Multi-year prospective trial

ADVANCED DIAGNOSTICS AND TREATMENT

Physicians at the Colorectal Center use sophisticated tests to ensure an accurate diagnosis, utilizing technologies such as:

- 3D cloacagram
- Fluoroscopy
- Distal colostogram
- MRI /MRE
- Spinal and abdominal ultrasound
- Anorectal and colonic manometry
- Biofeedback
- Endorectal ultrasound

When surgery is necessary, we offer the following:

- Pull-through procedure (PSARP) for ARM
- Anoplasty
- Laparoscopic pull-through for Hirschsprung disease
- Laparoscopic and/or robotic-assisted transanal rectosigmoid resection
- Laparoscopic appendicostomy (Malone)
- Robotic pelvic surgery
- Colostomy/ileostomy
- Laparoscopic and/or robotic J-pouch procedure for IBD and polyposis
- Sacral nerve stimulation
- Vaginal replacement

Other treatment options include collaborative medical management, nutrition, psychosocial and physical therapy.

COMPREHENSIVE BOWEL MANAGEMENT PROGRAM

Our highly effective bowel management program allows many patients with fecal incontinence and severe constipation to become clean and to achieve social bowel continence, thereby avoiding permanent colostomy or dependence on diapers. Children who follow the program gain self-esteem, confidence and a much-improved quality of life.

SPECIALTY CARE COORDINATION AND EDUCATION

At the Colorectal Center, we believe that the best outcomes are achieved through close collaboration among our surgeons, other care professionals at Cincinnati Children's and referring physicians. Depending on the nature of each individual case, we work closely with other pediatric specialists at Cincinnati Children's, including:

- Child life
- Fetal medicine
- Gastroenterology
- Genetics
- Gynecology
- Neurosurgery
- Nutrition
- Orthopaedics
- Ostomy care
- Pathology
- Physical therapy
- Psychology
- Radiology
- Urology

In addition, we offer workshops for healthcare professionals, a visiting surgeon program, surgical fellowship and teaching teleconferences. Our physicians and nurses travel internationally to perform surgery and to train medical professionals in the care of patients with complex colorectal conditions.

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For international inquiries, call +1-513-636-3100 or email international@cchmc.org.